

Common Japanese Dojo Terms

COMMON AIKIDO ATTACKS

Grabs

Katate tori	One hand grabbing one hand/wrist
Morote tori	Two hands grabbing one hand/wrist
Kata tori	Shoulder grab
Mune tori	One or two hand lapel grab
Hiji tori	Elbow grab
Ryo kata tori	Grabbing both shoulders
Ryote tori	Two hands grabbing two hands/wrists
Ryo Hiji tori	Grabbing both elbows
Ushiro tekubi tori	Wrist grab, from behind
Ushiro ryote tori	Two hands grabbing two hands/wrists, from behind
Ushiro ryo kata tori	Shoulder grab, from behind
Ushiro kubi shime	Choke from behind

Punches

Shomen uchi	Overhead strike to the head
Yokomen uchi	Strike to the side of the head
Mune tsuki	Straight thrust (punch) to the chest
Men tsuki	Straight thrust (punch) to the face

Misc

Kata tori men uchi	Shoulder grab, punch to the face
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COUNTING IN JAPANESE

In order to count up to 99, all you need to know is the Japanese terms for 1 through 10.

- _ one = **ichi**
- _ two = **ni**
- _ three = **san**
- _ four = **yon (or shi)**

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- _ five = **go**
- _ six = **roku**
- _ seven = **nana (or shichi)**
- _ eight = **hachi**
- _ nine = **kyu**
- _ ten = **jyu**

Above ten, we would say something to the effect of "10 and 2" to stand for "12."
Therefore,

- 11 = "ten (and) one" = "**jyu ichi**"
- _ 12 = "ten (and) two" = "**jyu ni**"
- _ 13 = "ten (and) three" = "**jyu san**"
- _ 14 = "ten (and) four" = "**jyu shi**" or "**jyu yon**"
- _ 15 = "ten (and) five" = "**jyu go**"
- _ 16 = "ten (and) six" = "**jyu roku**"
- _ 17 = "ten (and) seven" = "**jyu nana**" or "**jyu shichi**"
- _ 18 = "ten (and) eight" = "**jyu hachi**"
- _ 19 = "ten (and) nine" = "**jyu kyu**"

For numbers from 20 through 99, you would say something like "3 tens and 6" to mean "36." Therefore,

- _ 36 = "3 tens and 6" = "**san jyu roku**"
- _ 43 = "4 tens and 3" = "**yon jyu san**"
- _ 71 = "7 tens and 1" = "**nana jyu ichi**"
- _ 99 = "9 tens and 9" = "**kyu jyu kyu**"

Counting higher is basically the same.

- _ 100 = "**hyaku**"
- _ 1000 = "**sen**"
- _ 10000 = "**man**"

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So,

- _ 101 is "hundred (and) one" = "**hyaku ichi**"
- _ 201 is "two hundred (and) one" = "**ni hyaku ichi**"
- _ 546 is "five hundred (and) four tens (and) six" = "**go hyaku yon jyu roku**"
- _ 3427 == "**san zen yon hyaku ni jyu nana (or shichi)**" (note that "sen" becomes "zen" after a voiced consonant line "n")
- _ 23456 = "**ni man san zen yon hyaku go jyu roku**"

Some anomalies:

- _ Use "shi" for "four" only in the single digit column. So, you can use "shi" or "yon" in 3654, but use "yon" for 40, 400, 4000, etc.
- _ Use "shichi" for "seven" only in the single digit column. So, you can use "shichi" or "nana" in 9607, but use "nana" for 70, 700, 7000, etc.
- _ 600 = "**roppyaku**" (not "rokyu hyaku")
- _ 800 = "**happyaku**" (not "hachi hyaku")
- _ 8000 = "**hassen**" (not "hachi sen")

Common Japanese Commands in the Dojo:

Ato [Ah-Toe]:	Move back
Hajime [HAH-Gee-May]:	Start
Hayaku [High-YAH-Koo]:	Quickly
Kiyotsukete [Key-OATS-kuhtay]:	Be careful
Koutai [KOE-Tie]:	Change
Mate [MAH-Tay]:	Wait
Mawatte [Mah-WAH-Tay]:	Turn around
Mokuso [MOKE-so]:	Close the eyes, meditation
Suwatte [Sue-WAH-Tay]:	Sit down

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Tatte [TAH-Tay]:	Raise
Yame [YAH-May]:	Stop
Yoi [Yoy]:	Ready
Yukuri [Yo-KOO-Ree]:	Slow
Yuru yaka ni [YOU-Roo YAH-Kah Nee]:	Smooth
Shinzen ni rei [SHEEN-Zin-NEE, RAY!]:	Bow to shrine
Sensei ni rei [SEN-Say-NEE, RAY!]:	Bow to sensei
Joseki ni rei [Joe-SAY-Key-NEE, RAY!]:	Bow to the high section of the dojo
Kamiza ni rei [Kah-ME-Za-NEE, RAY!]:	Bow to kamiza (altars)
Otagai ni rei [Oh-TAH-Guy-NEE, RAY!]	Bow to each other
Rei [RAY]:	Bow

Words:

Arigato [Ah-REE-Gah-Toe]	Thank you (informal)
Domo [DOE-mow]	Thanks (informal)
Domo arigato [DOE-mo Ah-REE-Gah-Toe]	Thank you (formal)
Domo arigato gozaimasu [DOE-mo Ah-REE-Gah-Toe Go-ZYE-Moss]	Thank you very much (very formal) (for something that is happening)
Domo arigato gozaimas'ta [DOE-mo Ah-REE-Gah-Toe Go-ZYE-Moss-Tah]	Thank you very much (very formal) (for something that has just ended)
Dozo [DOE-zoe]	Please go ahead
Gomen nasai [GO-men NAH-sigh]	Excuse me, I'm sorry

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Onegaishimasu [O-nah-GUY-she-mas]	Please (when asking for something, usually as in Please lets practice together)
Sumimasen [Sue-ME-Nah-Sen]	Excuse me (to attract attention)
Hai [High]	Yes
Iie [Eye]	No
Wakarimasu [Wah-CAR-E-Mas]	I understand